



# GTA PASTORS & LEADERS RETREAT

April 21-22, 2023

Cost \$30/person

## HEALTHY LEADERS | HEALTHY CHURCHES

### SESSIONS

#### FRIDAY, APRIL 21, 2023

- 7:00 – 7:30pm Check-In
- 7:30 – 9:00pm **SESSION #1:  
Healthy Hearts**  
Speaker: Isaac De-Graft Takyi
- 9:00 – 10:30pm **Social Time**

#### SATURDAY, APRIL 22, 2023

- 8:30 – 9:00am Check-In
- 9:00 – 10:30am **SESSION #2:  
Healthy Minds**  
Speaker: Ali Malott
- 10:30 – 11:00am Refreshment Break
- 11:00 – 12:30pm **SESSION #3:  
Healthy Bodies**  
Speaker: Rick Carrol
- 12:30 – 2:00pm Lunch Break
- 2:00 – 3:30pm **SESSION #4:  
Healthy Leaders & Healthy Churches**  
Speaker: Jason Small

### RETREAT LOCATION

Mapleview Community Church  
300 Mapleview Drive West  
Barrie, ON

### ACCOMMODATIONS

The following are some hotel options, but each retreat registrant will take care of their own accommodations:

#### HOLIDAY INN EXPRESS

506 Bryne Dr  
Barrie, ON L4N 9P6  
Phone: (705) 725-1002

#### HAMPTON INN AND SUITES

74 Bryne Dr  
Barrie, ON L4N 9Y4  
Phone: (705) 719-9666

### REGISTRATION

[Register by Clicking Here](#)

Or scan the QR code:



Registration closes on Wednesday April 12, 2023

If you require assistance or have any questions, please email [sylvia@wodistrict.org](mailto:sylvia@wodistrict.org)



## REV. ISAAC DE-GRAFT TAKYI

REV. ISAAC DE-GRAFT TAKYI is an ordained minister with the Pentecostal Assemblies of Canada with experience in pastoring, church planting, missions and leadership development. After working for many years in planting churches in Ghana through the concept of Field Evangelism, Isaac was sent to Canada to be the Pastor of Lighthouse Assembly of God Church. He pastored there for seven years, after which he moved to Living Word Assembly of God where he currently serves as the Lead Pastor. Isaac graduated from Tyndale College and University in Toronto, Canada with an MTS in Pentecostal Studies. He and Olivia his sweetheart, have been married for over twenty years and they both live in Toronto, Ontario with their sons and daughters in the Lord.



## REV. RICK CARROL

Rick Carrol has been pastoring at Portico Community Church in Mississauga for the past 18 years. During his time as a pastor he has developed a holistic lifestyle of care for body, mind and soul. This has led to a physical transformation that went from a youth pastor drinking 1 litre of Dr Pepper and junk food every day, to regularly competing in marathons, triathlons and team sports of all kinds, supported by a lifestyle of proper rest, nutrition and mindset. Rick will share on the concept how every disciple is primed to let the disciplines of our spiritual life translate over to our physical lives in terms of our activity levels, nutrition habits and rest practices. These principles are applicable to all ages and fitness levels so come ready to be stretched (pun intended) out of your comfort zone.

## REV. JASON D. SMALL

Prior to becoming District Superintendent, Jason served as the Director of the New Churches Network, assisting in planting churches in Ontario. He also served as Northern Regional Director, caring for the churches of northern Ontario, and coordinating the First Nations Ministry.

Before working with the district, Jason was the Lead Pastor at Community Church, Waterdown, a church that he and his wife Carla planted in 2004. Jason loves the church in all its styles and forms and loves to see people live out God's best for their lives. Jason has a passion to lead through serving and through encouraging and empowering others to become leaders. He loves it when people are willing to try new approaches to sharing the truth of the love of Jesus.

Jason and Carla live in Barrie, Ontario. Their two adult children, Grace and Caleb, are both attending university. When kicking back, Jason likes to ride motorcycles, play hockey, and downhill ski.



## ALI MALOTT

Ali Malott has been in Pastoral ministry and counselling for the past 25 years. She has a private practice as a Registered Psychotherapist focusing on Trauma, Grief, Anxiety, Depression and is qualified to work with both individuals and couples. Ali has always found purpose in coming alongside people in their journeys--engaging with them, identifying their struggle, and providing a toolbox for them to achieve their desired goal of wholeness. Ali lives in Barrie with her husband Paul, and they have four children.

## WORSHIP TEAM:

### Maple Community Church

WE EXIST TO CONNECT AND SERVE:  
CONNECT WITH GOD/CONNECT WITH OTHERS/SERVE GOD/SERVE OTHERS

[www.maplecommunitychurch.com](http://www.maplecommunitychurch.com)

